

VARIABLE HEIGHT SYSTEM FOR SUPPORTING THE  
NON-DRIVEN WHEEL OF A BICYCLE HAVING A DRIVEN  
WHEEL ENGAGED WITH A BICYCLE TRAINER

ABSTRACT OF THE DISCLOSURE

5           A system for supporting the non-driven wheel of a bicycle, in which the driven  
wheel of the bicycle is engaged with a stationary bicycle trainer. The system contemplates a  
support member that is configured for engagement with a supporting surface, and which  
includes wheel engagement structure for supporting the non-driven wheel above the  
supporting surface. A pair of support members are engaged together in different  
10   orientations, to raise the elevation of the wheel engagement structure of the upper support  
member above the supporting surface and to enable the user to adjust the angle of the  
bicycle.